



Setouchi Art and Healing Tour 8 DAYS (All year)



HANDS ON JAPAN
Authentic Japanese Experience

Itinerary

- DAY 1 Onomichi / *Arrival, Transfer to Kobe for lunch, onsen*
- DAY 2 Onomichi / *Shimanami cycling*
- DAY 3 Teshima / *Teshima Museum, art installations*
- DAY 4 Teshima / *Naoshima, Chichu Museum, art house project*
- DAY 5 Kotohira / *Ritsurin Garden, Zenigata Sand Painting*
- DAY 6 Katsuura / *Konpira Shrine, cultural experience in a closed school*
- DAY 7 Koyasan / *Koyasan*
- DAY 8 Osaka / *Osaka sightseeing, Departure*

Overview

This is a rather short tour for those who looking to see contemporary arts and do hands-on experiences with destinations centering around the beautiful Seto Inland Sea. Cycle on Shimanami Kaido, 70km long express way maintained for bicycles to use as well. Stay in a private town house for two nights on Teshima Island while enjoying some of Tadao Ando's art museums and many art installations placed across the island and the nearby Naoshima. In Kagawa, check out a massive sand painting people built centuries ago in a hope of being prosperous and visit Ritsurin Garden with a serene pond garden as well as Konpira Shrine requiring to climb some 785 steps to reach. Stay in a former elementary school while being joined by locals to engage in cultural activities. Explore Koyasan, a secluded temple town in a mountain before flying home. If you wish to stay longer, the tour can be easily extended to include other classic cities such as Tokyo and Kyoto.

Highlights



Island cycling - Shimanami



Marble art space - Shimanami



Chichu Museum - Naoshima



Ritsurin Garden - Kagawa



Zenigata Sand Painting - Kagawa



Konpira Shrine - Kagawa



Cultural activities - Kagawa



Temple town - Koyasan